

Parent-Infant Psychotherapy Program Curriculum

FIRST YEAR

1 Infant research and therapy.

Lieberman A.F., Silverman R., Pawl J.H. 2000. Infant –Parent Psychotherapy: Core concepts and current Approaches. In C.H.Zeanah. Handbook of Infant mental Health. Second Edition. Guilford. p. 472-484.

Cooper A.M. 2005. Infant Research and Adult Psychoanalysis. In The Quiet Revolution in America Psychoanalysis. Brunner Routledge. p. 95-102.

Each trainee is supposed to choose and read a Brazelton Way book and to present it to the group on October 22 or 29.

Optional: Daniel Siegel, 2003. Parenting from the inside out. Penguin.

2

T. Berry Brazelton, Bertrand Cramer. 1990. The Earliest Relationship. Da Capo Press. Essentials of Early Interaction, Imaginary Interactions. p.121-162.

3

T. Berry Brazelton, Bertrand Cramer. 1990. The Earliest Relationship. Da Capo Press. Assessing imaginary interactions, p.169-231.
Read only 2 cases and go to page 229.

4

Each trainee will get the books:

Joshua Sparrow, the Brazelton Way, (2004) Da Capo Press. on Feeding and Calming the fussy baby.

Winnicott (1964) in The child, the family and the outside world, Perseus Publishing. Feeding the baby, p.30-57.

5

Each trainee will get the book:

Joshua Sparrow, the Brazelton Way, (2004) Da Capo Press. On Sleep.

Winnicott (1964) In *The child, the family and the outside world*, Perseus Publishing. Why do babies cry? p.58-92.

6 Clinical presentation. On the infant family service in Spanish Harlem

7 Clinical presentation

8 Early interactions. Wright K. 2003 Face and façade-the mother's face as the baby's mirror.. In *Parent-Infant Psychodynamics*, edited by J.Raphael-Leff. Whurr Publishers. P.5-17.

Tronick.E.Z. 2003 Emotions and emotional communications in infants. In *Parent-Infant Psychodynamics*, edited by J.Raphael-Leff. Whurr Publishers. P.35-53.

9 Bertrand Cramer, 1997. *The scripts the parents write and the roles the babies play*, Jason Aronson. p.17-96

10 Selma Fraiberg (1987) In *Selected Writings of Selma Fraiberg*. Ohio State Univ. Press. Foreword p.VII-XXI. *Ghost in the Nursery* p.100-116.

11 Clinical Presentation on mother-baby group.

1. Selma Fraiberg (1987) In *Selected Writings of Selma Fraiberg*. Ohio State Univ. Press. *Ghost in the Nursery* p.116-136.

13 Clinical Presentation on early trauma

14 Clinical Presentation on trauma.

15 Freud and Child psychotherapy by A.C. Reeves, in Dilys Daws and Mary Boston (1988) *The Child Psychotherapist and problems of young people*, p.251-271. Karnac.

16 The baby in the psychoanalytic structural model, Freud S.

Sigmund Freud, *Infantile Sexuality in Three Essays on the Theory of Sexuality*, 1905, St .Ed. Vol 7, 173-206.

Sigmund Freud, *Instincts and their Vicissitudes*, 1915, St .Ed. Vol 14, 130-140.

Optional:

Jean-Michel Quinodoz, *The Discovery of infantile Sexuality: a Revolution and a Scandal*, 2004, In *Reading Freud*, Routledge, p.57-64.

17 Freud A. R,Spitz. *Development lines.*

Anna Freud, Emotional and Instinctual development 1947, In The Collected Works Of Anna Freud, Vol 4, 458-488.

Anna Freud, Normality and Pathology in Childhood 1965, In The Collected Works Of Anna Freud, Vol 7, 54-107.

Rene Spitz, The role of the Mother-Child Relations, 1965, In the First year of Life, 122-149, International Univ. Press.

18 The developmental model, Mahler M.

Film: Psychological Birth of the Human Infant .

Mahler, M. Pine, F. & Bergman, A., 1975, The Psychological Birth of the Human Infant, New York, Basic Books. Chapter 1, pp. 3-16.

Mahler, M. 1972. The first three subphases of the separation-individuation process. Int. J. Psycho-anal., 53: 333-338.

Mahler, M. The Psychological Birth of the Human infant. Chapter 16, pp.225-230.

19 The developmental model, Mahler M.

McDevitt, J. 1980. The role of internalization in the development of object relations. In Rapprochement , Eds. R. Iax, S. Bach, & A. Burland. Jason-Aronson: New York.

McDevitt, J. 1975. Separation-individuation and object constancy. J. of the Am. Psycho-anal. Assoc. v. 23, #4.

Mahler, M.1981. Aggression in the service of separation-individuation.PSA.Q. p.625-638.

Pine, F. 1992. Some refinements of the separation-individuation concept in light of recent research on infants. PSC. Vol. 47, pp.103-116.

18 Dan Stern.

Stern, D. 1980. The early development of schemas of self, other, and "self with other". In Reflections on Self Psychology , Eds. J. Lichtenberg & S. Kaplan. Hillsdale, N. J., Analytic Press. Pp.49-84.

Stern, D. 1985, The Interpersonal World of the Infant. Basic Books, chapters. 3 and 4.

Stern, D. 1995. The Motherhood Constellation, Basic Books, chapters. 2 and 5.

19 Clinical presentation on foster care mothers.

20 Clinical presentation.

21 Bowlby,

Bowlby J.(1958) The Nature of the Child's Tie to his Mother. *Int.J.Psycho-Anal.* 39 : 350-373

23 The attachment model, Mary Ainsworth and Mary Main.

Karen R. (1990) Becoming Attached. *Atlantic Monthly*, February, pp 35-70.

Fonagy P., Target M. (1997) Attachment and Reflective Function: Their Role in self-organization. *Development and Psychopathology*, 9, 677-699. Cambridge University Press.

Lyons-Ruth K. (1999) The two-person unconscious: intersubjective dialogue, enactive representation and the emerge forms of relational organization. *Psychoanalytic Inquiry*, 19,576-617.

24 Contemporary integration of psychoanalytic theories. Theory of Mind. Peter Fonagy.

25 Winnicott D. The self.

Donald W. Winnicott. Primitive Emotional Development. 1945. in *Trough Paediatrics to Psychoanalysis*, p.145-156. Basic Books. 1975.

-**Donald W. Winnicott.** The Depressive Position in Normal Development. 1954. in *Trough Paediatrics to Psychoanalysis*, p.262-277. Basic Books. 1975.

26 Winnicott D. the role of the environment.

Donald W. Winnicott. Ego Integration in Child Development. 1962. In *The Maturational Processes and the Facilitating Environment*, Karnac, 18984, p.56-63.

Donald W. Winnicott. Mirror-Role of Mother and Family in Child Development. 1971. In *Playing and Reality*, p.101-111. Penguin Books.

27 Clinical presentation o intergenerational transmission of trauma in mother-baby interaction. Susan Coates.

Suggested reading: Tyson P. and Tyson R. (1990) *Psychoanalytic Theories of Development*, pp.41-60,

Yale Univ. Press.

28 Clinical presentation on mother-babies groups. Ilene Lefcourt.

29 Object-relation school, Klein M. The schizo paranoid position. Elsa First, Karen Proner.

Hanna Segal, 1964, The paranoid-Schizoid Position, p.24-38,
The Depressive Position, p.67-81, In Introduction to the Work of Melanie Klein, Basic Books.

Margaret Rustin, Encountering primitive anxieties in Closely Observed Infants, Miller, Rustin, Shuttleworth, London, 1989. p7-21

30 Object-relation school, Klein M. The depressive position. Elsa First, Karen Proner.

Melanie Klein (1952) Some theoretical conclusions regarding the emotional life of the infant. In Developments in Psychoanalysis, London, Hogarth Press, p.198-236.

31 Bion. On Containment. Elsa First, Karen Proner.

P.C.Sandler, Alpha Function, p.24-32, Container-Contained, p.160-167, and Reverie, p.643-646, In The Language of Bion, 2005, Karnac.

Judy Shuttleworth. Psychoanalytic Theory and Infant development. in Closely Observed Infants, Miller, Rustin, Shuttleworth, London, 1989. p.22-51.

PIP CURRICULUM 2nd Year.

1 Introduction to psychopathology. Christine Anzieu-Premmereur

-Lieberman A.F., Silverman R., Pawl J.H. 2000. Infant –Parent Psychotherapy: Core concepts and current Approaches. In C.H.Zeanah. Handbook of Infant mental Health. Second Edition. Guilford. p. 472-484.

-Fonagy P. Target M., 2003. Psychoanalytic Theories. Chapter 10, Attachment and psychopathology, p.241-249. Brunner Routledge.

-Zeanah C.H Boris N.W. Disturbances and disorders of attachment in early childhood. In C.H.Zeanah. Handbook of Infant mental Health. Second Edition. Guilford. p. 353-368.

2 Beatrice Beebe..

- (a) The prediction of 12-month attachment from 4-month interactions: Vocal rhythm coordination and attachment.
- (b) The prediction of 12-month disorganized attachment from 4-month interactions.

READING:

- (a) Systems models in development and psychoanalysis: The case of vocal rhythm and attachment. *Infant Mental Health Journal*, 1998.
- (b) section of BB manuscript accepted pending revision

3 Parenthood and Attachment theory; disorganized attachment, Christine Anzieu-Premmeyer.

Lyons-Ruth K. Jacobvitz D. 1999. Attachment Disorganization. In J.Cassidy and P.Shaver, Handbook of Attachment, p.520-554. Guilford.

Lyons-Ruth K. 2001. The Two-Person Construction of Defenses: Disorganized Attachment Strategies, Unintegrated Mental States and Hostile/Helpless Relational Processes. Presented at Division 39.

Fonagy P. Target M. Gergely G. Jurist E. 2002. Affect Regulation, Mentalization and the Development of the Self. Chapter 9, The roots of Borderline Personality Disorder in Disorganized Attachment, p.343-372. Other Press.

4 Beatrice Beebe.

- (a) Maternal self-criticism and dependency and mother-infant self- and interactive contingency
- (b) Maternal depression and mother-infant self- and interactive contingency.

READING

(a) Six-week postpartum maternal dependency and self-criticism and 4-month mother-infant self- and interactive contingencies. *Developmental Psychology*, 2007.

(b) Six-week postpartum maternal depressive symptoms and 4-month mother-infant self- and interactive contingency. *Infant Mental Health Journal*, in press, 2008.

5 Zina Steinberg, Parents of Premature babies.

- Steinberg Zina, Kraemer Susan. 2006. It's Rarely Cold in the NICU: The Permeability of Psychic Space.

-Margaret Cohen's. Sent Before My Time: A child psychotherapist's view of life on a neonatal intensive care unit, Karnac Press, 2003

Chapter 2 -- Two Ways of Seeing

Chapter 4 --The issue of respect in a medical context.

Optional:

Zina Steinberg and Susan Kraemer. April 2008. Shadow Knowledge: Shame, Denial and Dissociation in and around the NICU

6 Joanna Bird on NICU

-Tracey, N. et al. 1995. A mother's narrative of premature birth. J. of Child Psychotherapy. 21: 43-64

-Cohen, M. Vicissitudes of life on a neonatal unit. In Sent before my time: A child psychotherapist's view of life on a neonatal intensive care unit. Basic Books, 2003.

7 Sharon Kofman Pregnancy.

-Cohen L., Slade A. 2000. The psychology and psychopathology of pregnancy: reorganization and transformation. In C.H.Zeanah. Handbook of Infant mental Health. Second Edition. Guilford. p. 20-36.

-Mayes L. 2002. Parental preoccupation and perinatal mental health. Zero to Three, vol.22, No 6, p.4-9.

8 Pregnancy

-Bradley, E. Pregnancy and The Internal World. pp.28–39. In: Raphael–Leff, 'Spilt Milk': Perinatal Loss and Breakdown.

-Raphael -Leff, Joan (2003). Where the Wild Things Are. IN: Parent-Infant Psychodynamics. Chapter 5. pp.54-70.

9 Talia Hatzor Pathology in parenthood.

-Lieberman, A.F., & Pawl, J.H. (1984). Searching for the best interests of the child - Interventions with an abusive mother and her toddler. PSC, 39, 527-548.

-Lieberman, A.F. (1999) Negative Maternal Attributions. Psychoanalytic Inquiry,19, 737-756.

10 Talia Hatzor. Pathology in parenthood

-Abram Jan, 1997.the Language of Winnicott. Jason Aronson. "The Mother" P.190-218.

-Winnicott D. 1971 Mirror role of Mother and Family in Child Development., in Playing nd Reality, Methuen. 111-118.

Christine Anzieu-Premmereur. Contributions of Mother-Infant Relationship to borderline symptoms.

-Lyons-Ruth Karen, 2008, Contributions of Mother-Infant Relationship to borderline and conduct symptoms. *Infant Mental Health Journal*, Vol.29, N03, 203-218.

11 Catherine Monk.

How women's emotion regulation during pregnancy affects fetal development

- Glover, V., J. Teixeira, et al. (1999). "Mechanisms by which maternal mood in pregnancy may affect the fetus." *Contemporary Reviews in Obstetrics & Gynecology*: 155-160.

-Van den Bergh, B.R., et al., *Antenatal Maternal Anxiety is Related to HPA-Axis Dysregulation and Self-Reported Depressive Symptoms in Adolescence: A Prospective Study on the Fetal Origins of Depressed Mood*. *Neuropsychopharmacology*, 2007.

Optional:

Monk, C., K.L. Leight, and Y. Fang, *The relationship between women's attachment style and perinatal mood disturbance: implications for screening and treatment*. *Arch Women's Ment Health*, 2008.

12 Ilene Lefcourt.

Mother-Infant Psychotherapy: Post-partum co-morbidity.

-Cramer, Bertrand. Mother-Infant Psychotherapies: A Widening Scope in Technique. *Infant Mental Health Journal*, 19 (2): 151-167, 1998.

-Lefcourt I. 2004. Psychoanalytic Perspectives on Parent-Infant Programs.

13 Clinical interviews with families. Christine Anzieu-Premmereur

-Seligman S. 2000. Clinical interviews with families of infants. In C. Zeanah, *Handbook of Infant mental Health*. Second Edition. Guilford. p. 211-221.

-Palacio Espasa Francisco, 2003. Working with Parental Problematic and Narcissistic Issues in Parent-Infant Psychotherapy.

14 Susan Chinitz and her team: Diagnostic Classification Systems for Infants and Toddlers

- Emde, R.N., Egger, H., Fenichel, E., Guedeney, A., Wise, B.K., & Wright, H.H., (2005) *Introducing DC: 0-3R*. Zero to Three, September, 2005.

- Interdisciplinary Council on Developmental and Learning Disorders (2005), Introduction, Diagnostic Manual for Infancy and Early Childhood.

- Susan Chinitz .Interdisciplinary Assessment of Infants and Toddlers

- Interdisciplinary Council on Developmental and Learning Disorders (2005), Regulatory-Sensory Processing Disorders.

Williamson, G.G., & Anzalone, M., (1997). Sensory Integration: A key component of the evaluation and treatment of young children with severe difficulties in relating and communicating. Zero to Three, April/May, 1997

15 Susan Chinitz. Using attachment measures in clinical assessment. with Dr. Anne Murphy

- Hodges, J., Steele, M., Hillman, & Henderson, K., (2003). Mental representations and defenses in severely maltreated children: A story stem battery and rating system for clinical assessment and research applications. In R.N. Emde, D.P. Wolf, & D. Oppenheim (Eds.), *Revealing the inner worlds of young children: The MacArthur story stem battery and parent-child narratives*, (240-267), NY:Oxford Press.
- Main, M., Hesse, E., & Goldwyn, R. (2008). Studying differences in language usage in recounting attachment history: An introduction to the AAI. In H. Steele & M. Steele (Eds.) *Clinical Applications of the Adult Attachment Interview*. NY: Guilford Press.
- Steele, H., & Steele, M. (2005). Understanding and resolving emotional conflict: The London parent-child project. In K.E. Grossman, K. Grossman, & E. Waters (Eds), *Attachment from Infancy to Adulthood: The Major Longitudinal Studies* (137-164), NY: The Guilford Press.

16 Talia Hatzor. Ghosts in the Nursery. Intergenerational Transmission of Trauma.

Fraiberg, S., Adelson, E., & Shapiro, V., 1975, Ghosts in the Nursery: A Psychoanalytic Approach to the Problems of Impaired Infant-Mother relationship, Chap. 4, pp. 100-136. Ohio State University Press.

Coates, S. (2003). Trauma and the human bonds. In: S. Coates, J.L. Rosenthal, & D.S. Schechter (Eds) September 11: Trauma and the human bonds. Hillside, NJ: The Analytic Press, pp. 1-14.

Raphael-Leff J. (ED). 2003. Parent Infant Psychodynamics - Wild things, mirrors, and ghosts. Chapter 12, Enid Balint: Unconscious communication. pp. 153-161. London: Whurr Pub.

17 Talia Hatzor. Alicia Lieberman's model of intervention.

Wagonfeld, S. & Emde, R.N. (1982). Anaclitic Depression: A followup from infancy to puberty. *PSC*, 37: 67-94.

Lieberman, A. F. & Van Horn, P. 2008. *Psychotherapy with Infants and Young Children*, Chap. 6: Ghosts and Angels in the Nursery - Treating Disturbances and Disorders. pp. 174-209. NY: The Guilford Press.

- Susan Scheftel Early Anxieties and fears.

Classical Psychoanalytic Models of Early Anxieties/ Developmental Observations of Anxiety:

Freud,S. (1905) "Three Essays on the Theory of Sexuality: Infantile Anxiety", S.E. volume VII.,p.224 and footnote

Freud,S. (1926) "Inhibitions, Symptoms and Anxiety". S.E. volume XX, p. 134-143

Roiphe, H.,Galenson.E. (1973) "Object Loss and Early Sexual Development", *Psychoanalytic Quarterly*,volume 42, p.73-90

Brazelton, B. [this will be my handout] Time-line for Expectable Infantile Anxieties

18 Susan Scheftel

Bowlby and the Ethological/Intersubjective Perspective

Bowlby,J.,Robertson,J., Rosenbluth,D., (1952) "A Two Year Old Goes to the Hospital", *Psychoanalytic Study of the Child*, Volume 7, p.82-94

Bowlby, J. (1958) "The Nature of the Child's Tie to its Mother", *the International Journal of Psychoanalysis*, volume 39, p. 350-373

Bowlby,J(1960) "Separation Anxiety", *International Journal of Psychoanalysis*, volume 41, p.313-317

Lyons Ruth,K.(2006) "the Interface between Attachment and Intersubjectivity: Perspective from the Longitudinal Study of Disorganized Attachment", *Psychoanalytic Inquiry*, volume 26, p. 595-616

19 Pat Nachman Separation anxieties and rapprochement issues.

-Bergman, Anni (1999). Margaret Mahler's theory of separation-individuation. *Handbook of Child and Adolescent psychiatry*, pp. 276-286.

-McDevitt, John (1979). The role of internalization in the development of object relations during the separation-individuation phase. *JAPA*, 27, pp.328-343.

20 Erica Wilhem. Maternal PTSD and consequences.

“Representational and Behavioral Implications of Maternal PTSD”

1. Scheeringa, M.S. & Zeanah, C.H., 2001. A Relational Perspective on PTSD in Early Childhood. *Journal of Traumatic Stress*, Vol. 14 (4), pp. 799-815.
2. Lieberman, A.F., 2004. Traumatic Stress and Quality of Attachment: Reality and Internalization in Disorders of Infant Mental Health. *Infant Mental Health Journal*, Vol. 25 (4), pp. 336-351.
3. Schechter, D.S., Coates, S.W., Kammerer, T., Coats, T., et al., 2008. Distorted Maternal Mental Representations and Atypical Behavior in a Clinical Sample of Violence-Exposed Mothers and Their Toddlers. *Journal of Trauma & Dissociation*, Vol. 9 (2), pp. 123-147.

21 Laura Kleinerman, Sleep disorders.

-Dilys Daws, Sleep Problems in Babies and Young Children, *Journal of Child Psychotherapy*, 1985, Vol. 11 no. 2,

-Minde, Klaus, Sleep Disorders in Infants and Toddlers, DC 0-3 case book, 1997.

22 Rosalie Greenbaum Autism**23 Research on infancy. Dan Schechter.****24 Rosalie Greenbaum Autism**

Rajendran G, Mitchell P: Cognitive Theories of Autism. *Developmental Review* 2007; 27: 224-260.

Klin A, Jones W, Schultz R, Volkmar, F: The enactive mind, or from actions to cognitions: lessons from autism. *Phil. Trans. R. Soc. Lond. B* 2003: 345-360.

Gupta A, State M: Recent Advances in the Genetics of Autism. *Biol. Psychiatry* 2007; 61: 429-437.

Schultz R: Developmental deficits in social perception in autism: the role of the amygdale and fusiform face area. *Int. J. Devel. Neuroscience* 2005; 23: 125-141.

Klin A, Chawarska K, Paul R, Rubin E, Morgan T, Wiesner L, Volkmar F: Autism in a 15-Month-Old child. *Am. J. Psychiatry* 2004; 161: 1981-1988.

Tyminski D M H: Long-Term Group Psychotherapy for Children with Pervasive Developmental Disorders: Evidence for Group Development: *International Journal of Group Psychotherapy* 2005; 55(2): 189-209.

25 Initial Evaluation. Christine Anzieu-Premmereur.

26 Development assessment in infants and toddlers. Christine Anzieu-Premmereur.

27 Interaction guidance. Christine Anzieu-Premmereur.

28 Group Therapy . Ilene Lefcourt

29 Infant-Parent Psychotherapy. the role of play. Elsa First.
Christine Anzieu-Premmereur.

30 Infant-Parent Psychotherapy. The role of the father.
Christine Anzieu-Premmereur.