

**JUSTIN RICHARDSON, M.D.**

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**ACADEMIC APPOINTMENTS, HOSPITAL APPOINTMENTS, AND WORK EXPERIENCE**

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*ACADEMIC*

<b>Adjunct Clinical Assistant Professor of Psychiatry</b> Weill Cornell Medical College	July 2001 – present
<b>Assistant Clinical Professor of Psychiatry</b> Columbia University Vagelos College of Physicians and Surgeons	July 1996 – present
<b>Instructor in Clinical Psychiatry</b> Columbia University Vagelos College of Physicians and Surgeons	July 1994 – June 1996
<b>Clinical Fellow in Psychiatry</b> Harvard Medical School	July 1990 – June 1994

*CLINICAL AND ADMINISTRATIVE*

<b>Private Practitioner in Psychiatry</b> – conducting psychoanalysis, psychodynamic and supportive psychotherapy, psychopharmacology, and family therapy – New York, NY	
• full-time	July 2003 – present
• part-time	July 1994 – June 2003
<b>Founding Director</b> – Columbia Center for Lesbian, Gay and Bisexual Mental Health, New York, NY	July 1994 – June 2003
• created the first academically-affiliated mental health treatment center for the LGBTQ community in the US	
• hired, trained, and supervised a staff of up to ten psychiatrists, psychologists, and social workers providing individual and group psychotherapy and psychopharmacology treatment	
• developed and led a clinical teaching program for staff clinicians and psychiatry residents	
<b>Inpatient Teaching Attending</b> – New York-Presbyterian Hospital, Unit EI-6 – New York, NY	July 1994 – June 1995
• served as full-time supervisor to second-year psychiatry residents on a tertiary-care inpatient teaching unit	

**EDUCATION**

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<b>Harvard Medical School, Boston, MA</b> Doctor of Medicine	September 1985 – May 1990
<b>Harvard University Graduate School of Arts and Sciences, Cambridge, MA</b> Master of Arts, Medical Anthropology	September 1988 – May 1990
• Master’s thesis: “The Eye that Decides: Commercial Visions of Prescription, Sexual Metaphor, and the Turning of Clinical Gaze,”	
• Advisor: Arthur Kleinman, MD	
<b>Harvard College, Cambridge, MA</b> Bachelor of Arts, Biology, Phi Beta Kappa, Cum Laude General Studies	September 1981 – May 1985

## TRAINING

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### Columbia University Center for Psychoanalytic Training and Research, New York, NY

Columbia Academy for Psychoanalytic Educators – training analysis and supervision track September 2020 – present  
 Certificate in Psychoanalysis (Adult) September 2001 – January 2006

### Harvard University Department of Psychiatry, McLean Hospital, Belmont, MA

Chief Resident in Adult Psychiatry July 1993 – June 1994  
 Resident in Adult Psychiatry July 1990 – June 1993

## LICENSURE AND CERTIFICATION

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### LICENSURE

New York State Medical License #195082 1993 – present  
 Massachusetts Medical License #75119 1990 – 1994

### CERTIFICATION

Diplomate, American Board of Psychiatry and Neurology 1996, 2006, 2016

## HONORS AND AWARDS

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### PROFESSIONAL ACHIEVEMENT

- Distinguished Life Fellow – American Psychiatric Association 2022
- Distinguished Fellow – American Psychiatric Association 2016

### TEACHING

- Irma Bland Award for Excellence in Teaching Residents – American Psychiatric Association 2011
- Howard Klar Teaching Award – Columbia University Center for Psychoanalytic Training and Research 2011
- Roger A. MacKinnon Award for Outstanding Teacher of Psychiatry – NYSPI Adult Residency Training Program 2010

### SCHOLARSHIP

- Lionel Ovesey Award for psychoanalytic research, writing, and teaching – Columbia Psychoanalytic 2004
- Alexander Beller Award for outstanding contribution to psychoanalytic scholarship – Columbia Psychoanalytic 2003
- Psychoanalytic Fellowship – American Psychoanalytic Association 1993
- Ginsburg Fellowship – Group for the Advancement of Psychiatry 1992

### CLINICAL ACHIEVEMENT

- Paul M. Howard Prize for the overall outstanding resident – Harvard Department of Psychiatry / McLean Hospital 1994
- Mel Kayce Award for the outstanding resident in psychotherapy – Harvard Dept. Psychiatry / McLean Hospital 1994

### COMMUNITY SERVICE

- Burroughs Wellcome Leadership Award – American Medical Association 1993
- Conanima Foundation Fellowship 1989

### LITERARY (for *And Tango Makes Three*, coauthored with Peter Parnell, Simon and Schuster Books for Young Readers, 2005)

- American Library Association Notable Children's Book Award 2006
- Bank Street Best Book of the Year 2006
- Henry Bergh Children's Book Award, ASPCA 2006
- Gustavus Myers Award, Gustavus Myers Institute, Boston, MA 2006
- Nick Jr. Family Magazine Best Book of the Year 2006
- Lambda Literary Award Finalist 2006

## ADMINISTRATIVE LEADERSHIP AND ACADEMIC SERVICE

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### COLUMBIA UNIVERSITY CENTER FOR PSYCHOANALYTIC TRAINING AND RESEARCH

#### Chair of Training, Senior Associate Director

October 2017 – present

- partnered with the Center's Director on all aspects of the leadership of the Center
- transformed the progression system of the adult psychoanalytic training program, creating a novel training model for candidate assessment, advancement, and advising based upon principles of transparency, objectivity, predictability, and respect for adult learners – published these innovations (see publications)
- led the Center's transition to a remote training model, trained the faculty in teaching and supervising remotely, and conducted an in-depth study of the experience of remote training in five Center training programs at three points throughout the pandemic – published these findings (see publications)
- collaborated on the creation, promotion, and implementation of a novel educational pathway for future psychoanalytic educators, transforming the way the role of training and supervising analyst is achieved – presented this innovation nationally (see presentations)
- led the Center's efforts to address the impact of racism on teaching and learning – efforts include creating a series of educational events for faculty and trainees, collaborating with the Columbia Coalition of Concerned Analysts of Color, consulting with Columbia University resources on DEI, and guiding the process of selecting a consultant to evaluate the Center's structure, teaching, and culture
- helped design and directed the implementation of a new database ("Sigi") for tracking trainees' academic progress – Sigi now manages the evaluation of all trainees, teachers, and courses; the matching of patients and supervisors with candidates; the submission and sharing of all written work; and the assignment of courses to trainees
- oversaw all teaching activities at the Center and personally advised dozens of psychoanalytic candidates

#### Co-Chair, Admissions and Recruitment Committee

July 2007 – June 2012

Created numerous enduring innovations for the purpose of recruiting new trainees, with co-chair Deborah Cabaniss:

- built the Center's extensive website from scratch
- conceived and initiated the Center's Fellowship in Psychoanalysis
- created the Center's annual Open House event

Conducted the admissions process for all applicants to the adult and child psychoanalytic training programs, successfully filling five robust incoming classes of psychoanalytic candidates

## PROFESSIONAL ORGANIZATIONS AND SOCIETIES

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### MEMBERSHIP

#### American Psychiatric Association

- Distinguished Fellow 2016 – present
- Fellow 2005 – 2016
- General Member 1991 – 2005

#### American Psychoanalytic Association

- Member – Department of Psychiatry Education, Progression Committee 2018 – present
- Active Member 2006 – present
- Candidate Member 2001 – 2006

#### New York Psychiatric Society

- Member 2008 – present

### EDITORIAL BOARD

#### Harvard Review of Psychiatry

- Gender and Sexuality Column Editor 1994 – 2000
- Assistant Editor 1993 – 1994

## EDUCATIONAL CONTRIBUTIONS

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### *DIRECT TEACHING/PRECEPTING/SUPERVISING*

#### **Columbia University Center for Psychoanalytic Training and Research – Adult Psychoanalysis Program**

- Psychoanalytic Process, Critical Thinking block, instructor 2010-2017
- Sexuality in the Clinical Situation, course co-chair and instructor 2010-2018
- Advanced Concepts in Ego Psychology, Object Relations and Self Psychology (Theory III), instructor 2008-present
- Concepts in Ego Psychology, Object Relations Theory, and Self Psychology (Theory II), instructor 2006-2012
- Why Psychoanalysis, course co-chair and instructor 2006-2012

#### **Columbia University Center for Psychoanalytic Training and Research – Adult Psychodynamic Psychotherapy Program**

- weekly psychodynamic psychotherapy supervision of early career psychiatrists 2009-2010

#### **NYSPI Residency Training Program in Adult Psychiatry**

- Long-term psychotherapy supervisor of psychiatry resident July 2021 – present
- Evaluation and supportive psychotherapy supervisor of psychiatry residents 1994 –1999, 2008
- Clinical Psychodynamics II, instructor 2007 – 2012

#### **Columbia University Vagelos College of Physicians & Surgeons**

- Introduction to Psychopathology, section leader 1997

#### **Weill Cornell Residency Training Program in Adult Psychiatry**

- Concepts and Controversies in Psychopathology, instructor 2006-2010
- Psychodynamic psychotherapy supervision of psychiatry resident 2010

#### **Harvard Medical School**

- Introduction to Psychopathology, section leader 1992

### *EDUCATIONAL ADMINISTRATION AND LEADERSHIP*

#### **Columbia University Center for Psychoanalytic Training and Research**

Chair of Training / Senior Associate Director October 2017 – present

- Extensive educational leadership of faculty and trainees as detailed above

#### **Columbia Center for Lesbian, Gay and Bisexual Mental Health**

As Founding Director, created and led:

- Research Seminar in Lesbian, Gay & Bisexual Mental Health, monthly – course co-director 1995-1997
- Clinical Case Conference, monthly – course director 1994-2003

#### **Harvard Medical School / McLean Hospital Adult Psychiatry Residency Training Program**

As Chief Resident of the training program, led the following programs:

- Resident Report, course director and sole instructor 1993-1994
- a weekly seminar for PGY-I through PGY-IV psychiatry residents discussing the diagnostic, therapeutic, and theoretical implications of presented cases
- Morning Report, course director and sole instructor 1993-1994
- a daily supervision of the admitting resident's triage decisions and case formulations
- Introduction to Psychiatry, course director 1993
- a daily, nine-week course of lectures and seminars introducing PGY-II residents to the basic principles of psychiatric care

### *COMMUNITY EDUCATION*

#### **Psychiatric Advisor, *In Treatment*, Seasons 2 and 3, HBO**

2008-2010

- joined the writers' room weekly to discuss character and develop story ideas involving a psychotherapist and his patients
- reviewed each script, provided detailed notes, and collaborated with writers in bringing psychiatric reality to the depiction of mental illnesses and their psychotherapeutic treatment

**Media appearances***Good Morning America*

Expert interviews with Anne Pleshette Murphy

- Should sexual orientation be taught in classrooms? March 22, 2007
- Fathers' discomfort with their sexually maturing teenage daughters October 5, 2004

*Paula Zahn Now*

- Panelist—Is there a “cure” for homosexuality? June 27, 2007
- Expert interview with Paula – Sexual Education Controversies November 10, 2005

*20/20*

Expert interviews with John Stossel

- Sexual education does not increase the rates of teen sex November 5, 2004
- Teenage boys and the pressure to have sex March 22, 2004

*Today*

- Expert interview with Katie Couric – June is the month teens are most likely to first have sex June 1, 2004
- Expert interview with Lester Holt – Talking with young children about sex March 20, 2004
- Author interview with Ann Curry – *Everything You Never Wanted Your Kids to Know About Sex...* June 13, 2003

*Montel*

- Expert discussant on the challenges of negotiating with a teenager September 29, 2004
- Expert discussant on talking with young children about sex April 27, 2004

**School-Based Sexual Orientation Education and Outreach**

1994 – 2004

- provided ongoing consultations to heads of schools and administrative teams at dozens of independent schools across the US, assisting them in addressing the unmet needs of LGBTQ primary and secondary school students
- taught students, teachers, and parents at public and private schools across the country about sexual orientation development and the needs of LGBTQ youth
- my program was profiled in the *New York Times* (“Elite Schools Face the Gay Issue: Same Sex Academies Grapple with Parents' Concerns” Elizabeth Bumiller, June 13, 1997)
- my work led to the publication of my book, *Everything You Never Wanted Your Kids to Know about Sex (but Were Afraid They'd Ask*, coauthored with Mark Schuster, MD, Crown, 2003

**PUBLIC HEALTH INTERVENTIONS****Michael Callen-Audre Lourde Community Health Center, New York, NY**

1997-2000

- Founding director of a weekly psychiatry clinic created to support this non-profit health center, the Hetrick-Martin Institute, and the Lesbian and Gay Community Services Center in meeting the mental health needs of the LGBTQ community
- Funded by a grant from the New York Community Trust

**McLean Residency Mental Health Clinic for the Homeless, Boston, MA**

1992-1994

- Founded a weekly psychiatric clinic within a Boston homeless shelter for homeless men with serious mental illnesses
- Trained and supervised a staff of volunteer psychiatry residents

**Whytham Hall, London, UK**

1989

- Joined a team of clinicians providing primary health care to undomiciled Londoners at various locations throughout the city
- Funded by a grant from the Conanima Foundation

**PUBLICATIONS***PEER REVIEWED PUBLICATIONS*

1. **Richardson, J.** Cabaniss, D.L. Cherry, S. Halperin, J. Vaughan, S.C. (2020). Emergency Remote Training in Psychoanalysis and Psychotherapy: An Initial Assessment from Columbia. *J. Amer. Psychoanal. Assn.*, 68(6):1065-1086.
2. **Richardson, J.** Cabaniss, D.L. Halperin, J. Vaughan, S.C. Cherry, S. (2020). Beyond Progression: Devising a New Training Model for Candidate Assessment, Advancement, and Advising at Columbia. *J. Amer. Psychoanal. Assn.*, 68(2):201-216

### REVIEWS, CHAPTERS, MONOGRAPHS, EDITORIALS

1. Parnell, P and **Richardson, J**, Avoiding our 'gay penguins' book? Better steer clear of these classics, too. The Washington Post, April 17, 2022, Section A.
2. **Richardson, J**, Michels, R, Psychoanalysis and Architecture (review), *American Imago*, Winter 2008; 65(4): 601-606.
3. Phillip, S., **Richardson, J.**, Vaughan, S. Sexual Orientation and Psychotherapy, in *The Oxford Concise Guide to Psychotherapy*, Glen Gabbard, ed. Oxford University Press, London, 2005.
4. GAP Committee on Human Sexuality [contributing author – individual authors uncredited]. *Homosexuality and the Mental Health Professions: The Impact of Bias*, The Analytic Press, 2000.
5. **Richardson, J**. Finding the disorder in gender identity disorder: a reply to Kenneth J. Zucker, PhD. *Harvard Rev Psych*. May/June 1999; 7(1).
6. **Richardson, J**. Setting Limits on Gender Health. *Harvard Rev Psych*. May/June 1996; 4(1): 49-53.
7. **Richardson, J**. The Science and Politics of Gay Teen Suicide. *Harvard Rev Psych*. July/August 1995; 3(2): 107-110.
8. **Richardson, J**. Taking Leave. *JAMA*. May 18, 1994; 271(19): 3.

### ABSTRACTS

1. **Richardson, J.**, Adelson, S. Understanding Gay Teen Suicide. In Syllabus and Proceedings Summary, American Psychiatric Association Annual Meeting. Washington, D.C., American Psychiatric Association, 1996.
2. **Richardson, J.**, Kaplowitz, L., Brenner, A., Brooks, A., Oepen, G. Identity Deconstructed: A Psychiatric Search for the Self. In Syllabus and Proceedings Summary, American Psychiatric Association Annual Meeting. Washington, D.C., American Psychiatric Association, 1994, pp. 242-243.
3. Sabo, A., **Richardson, J.**, Carter, W., Kleinschmidt, T. The Psychiatric Interview: Reclaiming a Powerful Tool. In Syllabus and Proceedings Summary, American Psychiatric Association Annual Meeting. Washington, D.C., American Psychiatric Association, 1994, pp. 231-232.
4. Sabo, A., **Richardson, J.**, Kleinschmidt, T. The Psychiatric Interview: Being with and Letting Be. In Syllabus and Proceedings Summary, American Psychiatric Association Annual Meeting. Washington, D.C., American Psychiatric Association, 1993.

### WORKS FOR A GENERAL AUDIENCE

1. **Richardson, J.** and Parnell, P., *Christian the Hugging Lion*. Illustrated by Amy Bates. Simon and Schuster Books for Young Readers, New York, Spring 2010.
2. **Richardson, J.** and Parnell, P., *And Tango Makes Three*. Illustrated by Henry Cole. Simon and Schuster Books for Young Readers, New York, 2005.
3. **Richardson, J.** and Schuster, M, *Everything You Never Wanted Your Kids to Know About Sex (But Were Afraid They'd Ask): The Secrets to Surviving Your Child's Sexual Development from Birth to the Teens*. Crown, New York, 2003. (paperback: Three Rivers Press, 2004).

### PRESENTATIONS

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#### INTERNATIONAL

1. Complexity in the curriculum: sexuality in psychoanalytic training. Panelist. Mary Target, Chair. British Psychoanalytic Council, Psychoanalytic Psychotherapy Now Conference, London, October 2010.
2. Homosexuality: moving on. Panelist. Jeremy Clarke, Chair. British Psychoanalytic Council, Psychoanalytic Psychotherapy Now Conference, London, October 2010.

#### *NATIONAL*

1. Rethinking the Progression Model – a dialogue with Arden Rothstein, MD on contrasting approaches to psychoanalytic candidate advancement, assessment, and advising – APsaA Department of Psychoanalytic Education, Progression Committee Meeting, June 2020, and December 2020.
2. A Novel Educational Pathway toward Supervising and Analyzing Candidates: the Columbia Academy for Psychoanalytic Educators. Presenter with Susan Vaughan, MD; Sabrina Cherry, MD; and Jane Halperin, PhD – APsaA Directors and EC Chairs Workshop, February 2019.
3. Grasping the epistemological divide in psychiatric and psychoanalytic writing about Childhood Attention Deficit Disorder – Discussant of a paper by Esther Fine – American Psychoanalytic Association Winter Meeting, January 2010.
4. Inside *In Treatment*: Turning Therapy into Drama—Panelist, Glen Gabbard, Chair –American Psychoanalytic Association Winter Meeting, January 2010.
5. Teaching Psychoanalysis in an Era of Epistemological Angst– Panelist, Elizabeth Auchincloss, Chair –American Psychoanalytic Association Winter Meeting, January 2006.
6. Affiliates’ Forum Round Table on Progression – Panelist, Ellen Rees, Chair – American Psychoanalytic Association Winter Meeting, January 2005.
7. Psychotherapist Self Disclosure in the Treatment of Gay Men – Presenter, Richard Isay, Discussant – American Psychoanalytic Association Winter Meeting, December 1993.